

Why JC Security Systems?

Professional custom installation tailored to meet your life style and needs.

Competitive pricing . . . NO commissioned sales people to steer you off course. Recommendations based on your needs from an experienced security professional and installing technician.

Our twelve month service excellence guarantee... We are confident our equipment and installation will withstand the test of time.

Service when you need it . . . Should you need assistance, you will always get a person that can handle your request. NO menus or answering service to frustrate you. All calls are answered by an experienced professional 24/7, 365 days a year.

The BUCK stops here! We service what we install. We do not sell our jobs (our customers) to another service provider after the installation is completed.

We do not offer the least expensive equipment to win your business, or to increase our bottom line. Only the best equipment will bring about true . . .
Peace of Mind.

Your satisfaction is critical to our success and reputation. Therefore, our goal is to exceed customer expectations for Quality, Service and Value.

Products & Services

Access Control

Alarm Monitoring

Alarm Radio Backup

Internet Alarm Monitoring

Door Answering Systems

Home Theater Systems

Home Automation

Intercom Systems

Cable and Digital TV Wiring

Security & Fire Systems

Video Surveillance

Structure Wiring



NEWS LETTER

October - December



www.jcsecurity.com

(785)267-9212

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Because nothing is more important than your home and family.

NOTE FROM LOUIS

First of all I would like to say, it is great to be back! I would like to thank all my customers for their patience and cooperation during my absence. Also I would like to thank all those who showed concern for my health and well being. To those of you who sent me cards, thank you that was very considerate of you.

!!! MEDICAL UPDATE !!!

As some of you may already know, Dad was released on August 24, 2009, to return back to work. The expert is back and ready to answer all those questions that I could not. I will be back to helping out in the office on an occasional basis. If there was anything that anyone had previously discussed with me and you would like to contact me, please feel free to reach me on my cell, 785-554-8266. Again I would like to thank all of you for your patience with me during my dad's absence!

Andrea

E-MAIL

We are now requesting e-mail addresses, as an additional means to contact our customers. On the back of your invoice that is sent out monthly, there is a space on the back that can be used for address changes, call list changes, or any other communication necessary. Please utilize this area to forward an e-mail address that we may contact you at.

WARRANTY SERVICE AGREEMENT

Service agreements are available for \$10.00 per month. This will cover service repairs for parts, and labor. exclusions are battery maintenance and damage caused by abuse/negligence or acts of GOD. If you are interested in this, let us know and there will be a free inspection of your system to ensure proper working order at the time of sign-up.

POSSIBLY LIFE SAVING INFO

Dr. Vinay Goyal is an MBBS,DRM,DNB (Intensivist and Thyroid specialist) having clinical experience of over 20 years. He has worked in institutions like Hinduja Hospital ,Bombay Hospital ,Saifee Hospital ,Tata Memorial etc. Presently, he is heading our Nuclear Medicine Department and Thyroid clinic at Riddhivinayak Cardiac and Critical Centre, Malad (W).

The following message given by him.

The only portals of entry are the nostrils and mouth/throat. In a global epidemic of this nature, it's almost impossible to avoid coming into contact with H1N1 in spite of all precautions. Contact with H1N1 is not so much of a problem as proliferation is.

While you are still healthy and not showing any symptoms of H1N1 infection, in order to prevent proliferation, aggravation of symptoms and development of secondary infections, some very simple steps, not fully highlighted in most official communications, can be practiced (instead of focusing on how to stock N95 or Tamiflu):

1. ***Frequent hand-washing** (well highlighted in all official communications).
 2. ***"Hands-off-the-face" approach.** Resist all temptations to touch any part of your face.
 3. ***Gargle twice a day with warm salt water** (use Listerine if you don't trust salt). *H1N1 takes 2-3 days after initial infection in the throat/ nasal cavity to proliferate and show characteristic symptoms. Simple gargling prevents proliferation. In a way, gargling with salt water has the same effect on a healthy individual that Tamiflu has on an infected one. Don't underestimate this simple, inexpensive and powerful preventative method.
 4. Similar to 3 above, ***clean your nostrils at least once every day with warm salt water.** *Not everybody may be good at Jala Neti or Sutra Neti (very good Yoga asanas to clean nasal cavities), but ***blowing the nose hard once a day and swabbing both nostrils with cotton buds dipped in warm salt water is very effective in bringing down viral population.***
 5. ***Boost your natural immunity with foods that are rich in Vitamin C** (Amla and other citrus fruits). *If you have to supplement with Vitamin C tablets, make sure that it also has Zinc to boost absorption.
 6. ***Drink as much of warm liquids (tea, coffee, etc) as you can.** *Drinking warm liquids has the same effect as gargling, but in the reverse direction. They wash off proliferating viruses from the throat into the stomach where they cannot survive, proliferate or do any harm.
- Pass this on, you never know who might pay attention to it - and STAY ALIVE because of it.

<http://countrylife.lehmans.com/2009/09/28/simple-ways-to-prevent-influenzah1n1-swine-flu/>